

Nathalia Gibbs/Photography Editor

The Johns Hopkins News-Letter

COVER-LETTER

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Hello there ...

Dear Freshmen:

Welcome to the Johns Hopkins University. Now that you have your lanyards (get rid of those fast) and your J-cards, you have everything you need to become a bona fide Hopkins student. We're so excited that you're here and can't wait to support you through your successes and mistakes, victories and blunders.

We know you've probably received advice from every possible person thus far — ranging from your parents to teachers and friends. Fear not though, this special edition of *The News-Letter* does not want to educate you or patronize you. We just want to aid you in your transition, without any pedantic anecdotes or didactic tones. This is a guide, plain and simple, to make your first year as smooth as possible.

For many of you, this will be your first time living away from home. You don't have the comforts of your bedroom or home-cooked meals. You don't have your family room or movie night. But for all the things you lose, you gain so much more. Welcome to your freedom and your independence, to your ability to make your own decisions and manage your own schedule, to your opportunity to stay up as late as you want and determine your own love life.

We could quote the ever-prophetic Spiderman and tell you that "with great power comes great responsibility," but college doesn't always make room for responsibility. So instead, we're going to suggest something a little different. Trust your intuition. Befriend your gut. Try new things — but don't hesitate to say no when you deem it necessary.

You already know about all the opportunities that Hopkins has to offer. Academically, we have incredible programs ranging from Biomedical Engineering to history, and chemistry to Writing Seminars. The possibilities for your course of study are seemingly endless, which can be both liberating and overwhelming. You should try new classes but know when you're in over your head. Be honest with yourself. If you've never been a science person, don't force yourself into a term packed with physics, chemistry and biology. If you're not a writer, don't take on English, history and political science classes all in one semester. Don't be afraid to know and accept your limits.

Socially, you have so many options at your disposal. Almost all of you have roommates (probably for the first time) and maybe even suitemates. Remember that everyone in college is in the same boat — you're all new and, for the most part, don't know anyone. This is a great formula for friendship, since everyone is looking to meet people and establish a good support system.

Aside from the people you live with, you also have the people in your dorm, in your classes, on your sports teams and in your extracurricular activities. So go out there and get involved — you never know whom you might meet. And, if you can't seem to find your niche, create a new student group! I'm sure there are other people out there longing to unite with a fellow birder of America or cooking connoisseur. All it takes is some passion and reaching out.

We hope that you find this issue of *The News-Letter* informative and entertaining, since it's made to be both. We believe in you, so you should too. Remember: trust your gut. And never forget that college isn't all about the academics. Mostly, it's about the people.

Good luck!

—Anne Badman and Emily Nadelmann, Magazine Editors



RIAN DAWSON/PHOTO STAFF

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KELLY STANDART/
PHOTOGRAPHY EDITOR

The Cover-Letter



Five things that I wish I had known before freshman year

By **MALI WIEDERKEHR**
Science & Technology Editor

One of the most humbling experiences any student will face is the transition from senior year of high school to freshman year of college. Your hometown is miles away, the friends you've known for years are dispersed throughout the country and the school you now call your own sounds like two last names combined. In order to help ease your transition to Hopkins, I've compiled a few tidbits that I wish someone had told me before my freshman year. So without further ado, here are five things I wish I knew when I was a freshman:

1. The abbrevs: Hopkins can be a confusing place to navigate if you don't know the ins and outs of your abbreviations. First on the list is JHU, which stands for ... I'm just messing with you. In addition to knowing the acronym for Johns Hopkins University, it is also handy to remember that "Charmar" stands for Charles Street Market. Charmar is located directly underneath Wolman Hall in a central location convenient to students on their way in and out of class. Charmar is

a student hotspot because it accepts J-cash and dining dollars, and provides many fast food options in addition to groceries. It is also home to Einstein Brothers Bagels, a sandwich station and a small refrigerator stocked with sushi to go. You should also know that the "JHMI" is a shuttle that runs between Homewood, Penn Station, Peabody and the medical campus. Many students ride the JHMI to commute to research positions or jobs at Hopkins Hospital. Another frequent term is "PJ's," a hopping pub among upperclassmen who choose to stay local on a weekend night. PJ's often goes hand in hand with "Uni Mini," a minimart open 24/7 that serves greasy food into the wee hours of the night.

2. Venture off campus: You might find yourself comfortable in the Hopkins bubble, but remember that Baltimore has some exciting places to visit with friends. For a relaxing night out, check out movies at the Rotunda, which is in walking distance from campus. Also look out for

discounted restaurant nights like \$12 Tuesdays at Gertrude's and happy hour at Minato where select sushi rolls are only \$3.25. Take a stroll through Hampden, go thrift store shopping or eat at a variety of quirky restaurants. There are many ways to get off campus without going too far or spending too much, so don't let yourself get bored.

3. Amazon is your friend: Don't make the mistake of spending \$500 on textbooks at Barnes & Noble. During first semester of freshman year, I lost hundreds of dollars when I sold my textbooks for only a fraction of their original price. I initially thought that buying books at Barnes & Noble is more convenient, but with Amazon you literally don't have to leave your room and the books are significantly cheaper. What's better than savoring the laziness of summer and ordering your Organic Chemistry textbook while lying under the covers? Then once the semester is over, you can easily create an Amazon seller account and even make a profit on the books you bought, depending on the time of year and the demand for the specific book you're selling. Ever since I started using Amazon, I've never looked back. Don't be a fool!

4. Here's the deal with free T-shirts: The university and student groups will periodically hand out T-shirts in order to promote events. Spring fair? Free T-shirts! Dance marathon? Free T-shirts! Charles Street undergoing construction? A weird reason to give out free T-shirts, but let's do it anyway! You don't need to jump up and down every time that happens. Eventually you will find yourself with a drawer of awkward shirts you will probably never wear.

What I Wish I Knew As a Freshman

1. The abbrevs.
2. Venture off campus
3. Amazon is your best friend
4. The deal with Free T-Shirts
5. The Career Center

5. The Career Center: During my first visit to the career center, I was very frazzled. It was May of freshman year and I realized that not only were my summer plans nonexistent, but I also didn't even have a resume to show employers. Although I don't recommend leaving your summer planning to the last minute, I was amazed by how knowledgeable and dependable my adviser was. She didn't reproach me for coming to her so late and in such a state of panic. Rather, she put me in contact with a Hopkins alumnus who is now the dean of a medical school close to my home, and, within a week, I had an internship. I have maintained a close relationship with that same adviser over the past three years and without her help, finding jobs and internships would have been much more difficult.



COURTESY OF KATIE QUINN

It's okay to make it a goal to get as many free T-shirts as possible, but you'll probably never wear them.

The Cover-Letter

The Freshman Year Bucket List: Ten thing you should/must do

By KATIE QUINN
Layout Editor

Graduation night is over. Prom is a distant memory. The senior year road trip has reached its final destination and the summer concert's last guitar riff has faded to silence.

It's freshman year and there is so much to see, hear and do. Hopkins is a diverse school and Baltimore, a unique place to live. The simple solution is a freshman year bucket list. Here are a few ideas:

1✓ **Number One: Accumulate as many free T-shirts as possible.** It's an important college tradition—find the free stuff and grab it. Between orientation and the activities fair it's possible to get at least five or six T-shirts in the first few weeks. Easy. Next, be on the lookout for Fall Fest. It features themed activities and of course a free T-shirt. Relay For Life is another great thing to get involved with that includes free t-shirts. Check out their kickoff party, join a team and get a shirt. Later in the year, watch the fireworks at Spring Fair as you stand in line for the all-important Spring Fair shirt. Overall, make sure the T-shirt pile is always growing and maybe have some fun, meet a few people and explore the campus while you do it.

2✓ **Number Two: Speaking of exploring the campus: do it.** It's probably one of the most intimidating parts of Hopkins for incoming freshman, but also one of the most exciting. Start off by sitting (or standing or dancing) on the Hopkins wall and taking the obligatory freshman picture. Then just wander around campus. Sit on the beach, walk around Gilman, and find your favorite study spot.

3 **Number Three: Explore the surrounding neighborhoods—Charles Village and Hampden.** You probably have already walked along St. Paul Street, but there's



Papermoon Cafe features decorations with a little more character than other eateries in Baltimore.

a whole lot more to see. Continue down St. Paul Street and turn up one of the side streets and you'll find "The Book Thing." If you like free books, you will love, "The Book Thing." Bring a few old books if you have them to donate and take back as many books as you can carry. Then head over to Pete's Grille for a Michael-Phelps-style breakfast. For more Baltimore breakfasts or delicious late night treats, check out the Papermoon diner. It may be creepy to have doll heads staring at you as you eat your pancakes, but it's a one-of-a-kind place. For more kooky Baltimore fun, amble around Hampden and check out all the Baltimore "Hon" regalia. Later you can peruse the vintage shops and the used-book store if you didn't quite find everything you were looking for at "The Book Thing."

4 **Number Four: Get in the holiday spirit.** Holidays at Hopkins are always fun. Dress up for Halloween with the rest of your friends and maybe check out the famous Fell's Point Halloween (but be ready to fight for a seat on the bus). Exchange presents at birthdays, Christmas or for no reason at all. Lighting of the

Quads – may not be exciting but it's nice to see everyone together. Decorating the dorm also always makes everyone feel more at home.

5 **Number Five: Play in the snow at 3am.** This is all weather depending, but when it snows at Hopkins, the entire campus transforms. It doesn't matter if it's 3 a.m. and you have a chemistry midterm the next day—go outside. Join a snowball fight on the freshman quad, make snow angels in front of Gilman, or sled down Bloomberg hill on trash can lids. Afterwards you can go get some hot chocolate and settle back down to studying— but only once you've experienced Hopkins in the snow.

6✓ **Number Six: Food, Food, Food.** Avoiding the freshman fifteen is a definite goal, but Baltimore food can make that very difficult. Little Italy is dangerous. Vaccaro's has some of the best gelato around and all you can eat desserts on Monday nights. For some healthier options check out the local 32nd Street Farmer's market. Or if you don't want to travel far, master the CharMar sandwich

and enjoy the beauty of an unlimited meal plan at the FFC.

7 **Number Seven: Be a Baltimore tourist.** The Inner Harbor is a great place to play Baltimore tourist. Ride a dragon boat or cruise down to Fell's Point on the Baltimore ferry. Then, check out the National Aquarium or cheer on the Orioles or Ravens.

8 **Number Eight: Educate yourself.** It's easy to sit in a classroom in Hodson and learn, but Baltimore has so much culture to offer. There are many museums in and around the area. A local favorite (that is free!) is the Baltimore Museum of Art right on the Hopkins campus. Go on a rainy Saturday afternoon and study next to a famous Matisse or Rodin. The next day, check out the must-see Peabody library. Bring a few textbooks because you'll never want to leave this legendary place.

9✓ **Number Nine: Go to an a cappella concert.** It's something that can be only described as so "college." If you missed the "O" Show or didn't get your fill, check out their fall or spring concerts. From the All-Nighters to the Sirens to Adoremus and beyond, there are all types of great shows. It is a Hopkins (and college) must.

10 **Number Ten: But before all that happens, get to know the people that live around you.** Grab a seat in the FFC for "Late-Night," go to house meetings, and sit in the hallways or common rooms when everyone's around. Baltimore is a fun city and Hopkins a great school, but it's so much better when you have with people to share it with.

So now that the freshman year bucket list is complete, take advantage of it. Pretty soon freshman year will be over, orientation, a distant memory, and another summer, here already.

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Getting around Baltimore without wearing out your shoes

By IAN YU
Managing Editor

While Baltimore may not have a subway system anywhere near as comprehensive as that in D.C., there are still plenty of options above ground to successfully get you around charm city. The best part is that many of these services are free — a sweet ride for any college student — and time estimates from nextbus.com available for the first four.

Homewood-JHMI shuttle

You'll hear people refer to it as the JHMI, "jimmy" or simply the shuttle. Hopkins runs this shuttle service between the Homewood and Medical campuses with stops at Peabody, Penn Station and several points along N. Charles and St. Paul streets. Whether you are taking music lessons at Peabody, doing research at the medical campus or just headed downtown to sightsee, the JHMI shuttle will be your primary means of getting anywhere south of Charles Village. At Homewood, you can board it outside of the Interfaith Center along University Parkway or right outside of Barnes & Noble along St. Paul. While more specifics are available on the shuttle's full schedule (available at parking.jhu.edu/shuttles_jhmi_homewood.html), it runs roughly every 15 minutes during the day and more often during morning and evening rush hours for the many riders headed to and from JHMI while running on the hour on weekends.

Blue Jay Shuttle

Previously known as the Escort Van service, the Blue Jay Shuttle runs a fleet of colorfully-painted passenger vans to get students to and from major locations mostly within a one-mile radius of campus. Vans operate on a fixed route system earlier in the evening, all departing from Mason Hall every 30 minutes, while late in the evening students can phone in requests for pick-ups and drop-offs on a point-to-point basis. Altogether shuttle routes cover most of the major buildings inhabited off-campus by students,

the three major grocery stores in Charles Village and Hampden, the Rotunda and many more off-campus locations. Stops along the route are marked with round blue signs and you can use your Jcard to flag down the van drivers. Visit parking.jhu.edu/bluejayshuttle.html for maps and full schedule details.

Collegetown Shuttle

Another option for getting down to Penn Station and your main option for getting up to Towson, the Collegetown Shuttle connects Hopkins with many of the colleges in the Baltimore area. Running from Towson Town Center and Goucher College down to MICA and Penn Station, the shuttle stops at Hopkins along St. Paul (southbound) and along 33rd (northbound) at the corner outside of Barnes & Noble. You will definitely need your J-Card to board; Collegetown drivers will require you to swipe in order to board. If you misplaced any info about Collegetown from orientation, visit their website at baltimorecollegetown.org for maps and schedules.

Charm City Circulator

Introduced in 2010 as a free bus service for tourists and residents alike, the Charm City Circulator operates three routes spanning the major sights and destinations the city has to offer. Stopping only every four or five blocks, the circulators are meant to shuttle people around the city faster than the buses operated by MTA without the hassle of collecting fares: funding for the system comes from parking fees in the Inner Harbor. Whether you are connecting to the purple route from Penn Station or the Green Route from JHMI, the Circulator can get you to Fell's Point, the Inner Harbor, Federal Hill and Harbor East through the Purple and Green routes. The Orange route can take you west towards Hollins Market while the newly added Banner route takes you from the Inner Harbor down to the anthem-inspiring Fort McHenry. The Harbor Connector, a free water taxi that operates as a part of the circulator system, can also connect you from Fell's Point from Mari-



KELLY STANDART/ PHOTOGRAPHY EDITOR

The JHMI Shuttle is an easy way for students to get from Homewood to Peabody to the medical campus.

time Point to Tide Point and Canton's Waterfront Park. Check out charmcitycirculator.com for maps and more details.

MTA Buses, Light Rail, Metro, MARC

The Maryland Transit Administration operates an extensive network throughout Baltimore City and the greater Baltimore County. Running on a schedule that coordinates with Google's Maps, MTA buses have three lines that pass in front of Hopkins along North Charles, the 3, 11 and 61. Bus 22 traverses University Parkway and reaches the Hopkins and National Institutes of Aging and Drug Abuse campus at Bayview. Fares are \$1.60 per round trip and \$3.50 for a day pass that can also get you onto the Light Rail and Metro systems. While the Metro (Baltimore operates only one line) and the Light Rail do not come anywhere close to Homewood, the light rail is handy for getting down to M&T Bank Stadium or BWI via the Mount Royal Station (around a block from Penn Station).

During the weekdays, MTA runs a commuter rail service between Baltimore and Washington D.C. that offers an affordable option for a daytime escape to

the nation's capital or a quick ride to BWI from Penn Station. For all of the services offered by MTA, visit mta.maryland.gov to get maps and schedules as well as service updates.

Zipcar

It's a major hassle to try and have your car with you in Baltimore while living on-campus. The city doesn't grant parking permits to students living in the dorms and spaces owned by students in off-campus buildings rent out for a premium. Should you seek out a more remote destination that public transportation cannot service, the car-sharing service Zipcar is your best bet. While general Zipcar membership is restricted to those 21 and older, university-affiliated plans including the one here at Hopkins are open to drivers 18 and older with access to vehicles parked around campus. Once your application is approved and you pick up your Zipcard at their Baltimore office or in the mail, reserve a car of your choice and desired time online or via their smartphone app and drive away. Visit zipcar.com/jhu to learn more about their special plans for Hopkins students and affiliates.

The Cover-Letter



Getting off-campus to enjoy a greater selection of food

By FLORENCE LAU
Arts & Entertainment Editor

Freshmen, let's face it.

After the novelty of eating at an *actual* college cafeteria wears off, the food at the FFC gets pretty repetitive. How many times can you have omelets and pasta and salad anyway, even if they are custom made? And even if you're part of that small, magical group of people who manage to enjoy the same food day in and day out, there's always going to be that one special occasion where you need a change of scenery.

Luckily, there's a whole host of restaurants within walking distance or a short bus ride away. Here is a list of restaurants you should definitely not overlook as you explore your off-campus options.

One World Café:

If you're in the mood for a grungy eatery that blends a coffee shop, restaurant, bar and smoothie joint all into one place, drop by this local student hangout right next to the Inn at the Colonnade on University Parkway. Known for being an especially vegetarian friendly café, One World also has fish options for anyone who is more



KELLY STANDART/PHOTOGRAPHY EDITOR
Known for their mostly vegan menu, One World makes for a great study spot.

partial to meat. It's also a nice place to study if your dorm is too cramped and the library is too quiet. What this place is best for, though, is brunch. From their omelets to their bean burritos, they know brunch like nowhere else around campus. Prices are reasonable and the food is consistently delicious and healthy. 100 West University Pkwy., Baltimore MD 21218

Chocolatea:

Although this quirky little café requires a bit of a walk from campus, the food and the atmosphere make the exercise worth it. It's a relatively small place but cozy for anyone who wants to sit down with a cup of tea and a wrap. Despite being slightly pricier, this place is especially known for their myriad of tea blends, which includes everything from green and white teas to herbal and chai teas. However, don't overlook their menu. Their salmon wrap is a customer favorite. Their paninis come out hot and steaming. And they offer a case full of fresh baked goods daily. 3811 Canterbury Rd., Baltimore MD 21218

Vaccaro's Italian Pastry Shop:

Big portions and scrumptious desserts distinguish Vaccaro's from every other pastry shop in the city. Located in Little Italy (which borders the Harbor area), this place can be accessible by taking the Orange Line of the Charm City Circulator and then walking a couple of blocks by foot. Although their menu includes entrees such as paninis, mufalatos and salads, what most people come here for are their desserts, which are varied and many. For example, you could enjoy a creamy cannoli, a



KELLY STANDART/PHOTOGRAPHY EDITOR
While their tea selection is quite extensive, the rest of Chocolatea's menu is worth a good examination.

piece of chocolate hazelnut cake or just a tin of cookies. Their drinks are almost as famous as their desserts – with options such as cappuccinos, smoothies, espressos and more. You can even make a night of it, since it's a perfect place to drop by after dinner at the Harbor. 222 Albemarle St., Baltimore MD 21202

Sofi's Crepes:

This little shop on North Charles St. is located a block away from Penn Station and is a Hopkins favorite. As the name implies, they sell crepes both sweet and savory. The owner traveled to France in order to create her secret recipe for the perfect crepe. And, let me tell you, the end result is a perfect blend of thin, hot deliciousness. If you're looking for dinner, why not try "the Kevin Bacon" (turkey, bacon, cheese and tomatoes) or the "Crepe Florentine" (spinach, mushrooms, cheese and sunflower seeds)? Or if you're looking for more of an af-

ternoon snack or after-dinner dessert, there's a whole list of sweet crepes. Highlights include the "Apple Crisp" (apples, caramel, cinnamon and graham cracker crumbs) and the "Plain Jane" (brown sugar or lemon and sugar). Sofi's also allows customers to create their own crepes by adding their own toppings. There's truly something for everyone, and all at a reasonable price. 1723 N. Charles St., Baltimore MD 21201

Baltimore is full of quirky and unique places to dine in and experience. Don't let the borders of the Homewood campus limit you to the close and the familiar. Step out into the city and experiment with an Ethiopian dish or Korean BBQ. With the (free!) Charm City Circulator running through the downtown area seven days a week, there is no reason not to explore the great places this city has to offer. It's the perfect way to reward yourself after that one week with three tests and two papers. Who knows, you might just discover some new favorite eateries for your next four years at Hopkins.

The Cover-Letter



Acing dorm life 101: how to respect and communicate with your roommate

By **ASHLEY EMERY**
News & Features Editor

The Golden Rule of Roommateship is that you should treat your roommate as you would want to be treated. In college, your dorm room should be your personal sanctuary. You will want a peaceful space where you can unwind from the pressures that will inevitably mount and lurk around Homewood. The last thing you want is to have unnecessary stress with your roommate.

My advice: do not let problems from the dorm follow you around Homewood. It would benefit you to create a dorm-world that is free of chaos, bitterness and petty tension. Eliminating hostility from it depends on your relationship with your roommate, and, if you are lucky enough to live in Wolman, as I was, or in Buildings A and B, your suitemates.

Your dorm in college will hopefully be like your second home. Roommate horror stories that prevail amongst the ever-fretting incoming freshmen need not affect your residential experience; they are avoidable when a mutual respect for one another and your one inherent commonality—the dorm—develops.

Though roommates are sometimes perfectly matched together, you will not necessarily be best friends with your roommate, and there is nothing wrong with that. You should not assume the burden of forcing a faux-friendship into effect. Rename Operation Be-Fake-Friends (BFF) to Operation Act-Courteously-to-Everyone-in-the-Dorm (ACED) when around your roommate, and you'll have aced Dorm Life 101 by the end of your freshman year.

While college is about independence and freedom, you are still responsible for how you treat others, especially the ones closest to you—trust me, not even a lofted bed or a dividing furniture hate-wall will distance you from your roommate, no matter how hard you may try.

To accomplish this mysterious “courteous” behavior, you must take the time to consider, prior to taking action: *would I*

want my roommate to do this to me?

After all, would you want your roommate's shrill alarm to wake you up at the crack of dawn after spending a late night in MSE, only to have him or her to snooze it multiple times after the initial soon-to-be-your-least-favorite noise? Would you want your roommate to repeatedly “forget” to vacuum or clean when it was his or her predetermined turn? Would you want your roommate to storm into your room after going out the night before your big cram-worthy midterm or final?

I urge you to evaluate how your actions could impact the person with whom you are living. I encourage you to first make your dorm or suite a place in which you would like to live or not be ashamed to have others visit: keep it clean.

You and your roommate should make a chore chart or cleaning schedule for your dorm so that you can equally divvy up the workload and ensure that your roommate is doing his or her part. A mutual agreement can reduce future resentment between roommates over inequality in cleaning.

However, as will frequently be the case, you both will get busy. When your roommate has 3 papers and 3 midterms mid-semester and, as Murphy's Law would have it, it is his or her turn to fulfill a certain dorm responsibility, you need to have understanding and allow for some flexibility.

I cannot emphasize enough how criti-



NATHALIA GIBBS/PHOTOGRAPHY EDITOR

You don't have to be best friends with your roommate, but you should treat him/her the way that you would want to be treated.

cal understanding and communication between roommates are to a relationship. If your roommate needs to blow off some steam after a stressful week, or conversely, needs to spend a quiet night in catching up on TV, you need to be considerate. Together, devise a game-plan to make your needs known in advance.

If you fail to share what you want or need with your roommate, you cannot expect them to know, and this will simply aggravate you both. You cannot major in mind-reading at Hopkins. You must communicate and be considerate.

These fundamentals should provide a solid basis for a relationship amongst roomies. If you two do seem to mesh well, and even if not,

I also highly recommend that you and your roommate leave copies of your respective class schedules, and schedule of

activities if need be, posted in a commonly viewed area. This maneuver comes with many perks.

Without even conversing, you can check to see when your roommate will be out of the room and in class—leaving you with the room to yourself—or when they should be out of the room and in class.

If you two have previously agreed upon such an arrangement and your roommate grants you such a power, you can wake your roommate up from his or her slumber or nap—however well-deserved it may be—so he or she can get to class or not sleep through a major exam. Napping can be a team-sport, and knowing that your roommate is a support system for you is merely one of the perks of a relationship. Just remember what you would want your roommate to do for you.



Kitchenette Warrior: Fool-proof sketchy dorm room recipes

By **RIAN DAWSON**
Editor-in-Chief

I didn't appreciate my mother's cooking until I arrived at college. Oh, how I wished I had paid more attention when she prepared dinner. As good as the FFC is, and it's infinitely better than some other school cafeterias, there are times when it just doesn't cut it. There are a bunch of other food places near campus, but most of them veer closer to hangover food than nutritious and delicious. And sometimes a home-cooked meal is exactly what you need.

Since I lived in Wolman my freshman year and had access to a neat little kitchenette, I was able to whip up some yummy things from time to time. Those of you living in the AMRs and Buildings A and B don't have it as easy, but that doesn't mean it's impossible. Both AMRs are equipped with common kitchens in the basement and crockery that can be signed out.

Depending on what you have at your disposal, some of my sketchy-but-delicious dorm room recipes will be easier to come by than others. Once you have everything you need, though, these recipes are so nonsense that even the most cooking-impaired can create them. They're all cheap and all documented crowd-pleasers. You

can even tailor them to vegans, vegetarians and meat-eaters alike.

My Noodle Casserole recipe makes a ton, so it's perfect if you're going to a potluck or cooking for friends. This recipe also adapts easily to the microwave, though it will have to be scaled down. Not many dorm-friendly microwaves have a casserole-sized capacity.

Veg in Peanut Soy Sauce is one of my favorite things to make because of its relative ease and because it includes one of my favorite foods—peanut butter. It's a kitchen sink recipe because you can include whatever you want in it. I've made it with everything from broccoli to corn to carrots. But, it's best with broccoli and cauli-

flower or with just broccoli slaw. This is a vegan recipe, though you can easily throw in whatever protein you like. Chicken is delicious, as is extra firm tofu. You can either serve this by itself, with rice or in a tortilla wrap. You can also make this recipe with a microwave instead of a stove, though the veggies will be a bit soggy. To do this, make the sauce as seen in the recipe. But, instead of cooking slaw on the

stove, put some frozen veggies in a bowl, microwave them as per the bag instructions, add the sauce and microwave again for one minute.

So there you have it, my two culinary suggestions for every struggling college student trying to piece together a worthwhile meal. Hopefully, they can help you conquer those kitchenettes and make you feel a little closer to home.

NOODLE CASSEROLE

Ingredients

- 1 pkg. Rotini noodles (or elbow)
- 1 can of cream of mushroom (or cream of chicken soup)
- 1 pkg. of shredded sharp cheddar (about 2 cups worth)

Crockery

- stovetop burner
- 1 pot
- oven
- casserole dish

1. Preheat oven to 350 degrees.

2. Bring water to a boil. (To make it boil faster, add a pinch of salt before putting pot on the burner.)

3. Add noodles. Cook until al-dente.

4. Drain and add noodles to the casserole dish.

5. Pour in cream of mushroom soup and stir.

6. Sprinkle in cheese (as much or as little as you like)

7. Place in oven for 25-35 minutes.

VEG IN PEANUT SOY SAUCE

Ingredients

- 1/2 pkg. broccoli slaw
- 1 Tbsp Peanut butter
- 1/2 Tbsp Soy sauce
- 1 tsp ground ginger
- 1 tsp garlic powder (to taste)
- pinch of salt
- pepper

Crockery

- stovetop burner
- 1 frying pan
- small mixing bowl

1. In a bowl, combine peanut butter, garlic and ginger.

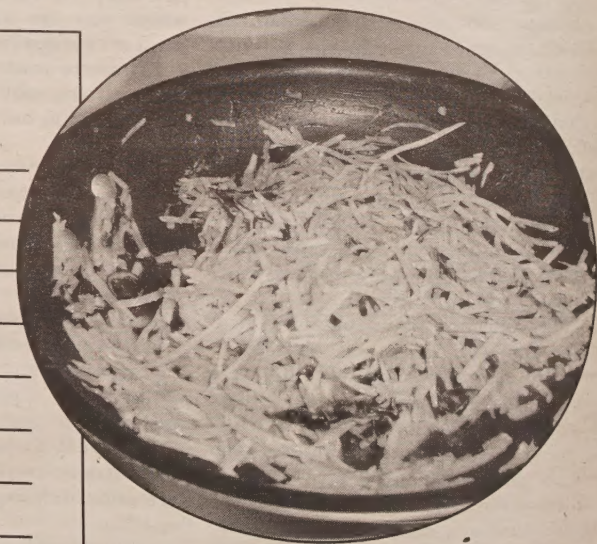
2. Wisk mixture with a fork until smooth. Set aside. (You can thicken the sauce with arrowroot or thin it with water.)

3. Heat frying pan over medium-high heat.

4. Add broccoli slaw and cook until tender. As broccoli is cooking, lightly season with salt and pepper

5. Stir in peanut sauce and heat for another 2-3 minutes.

6. OPTIONAL: Add in some already-cooked protein.



COURTESY OF RIAN DAWSON

The Cover-Letter



Tips on enjoying your freshman year without running out of money

By **NASH JENKINS**
News & Features Editor

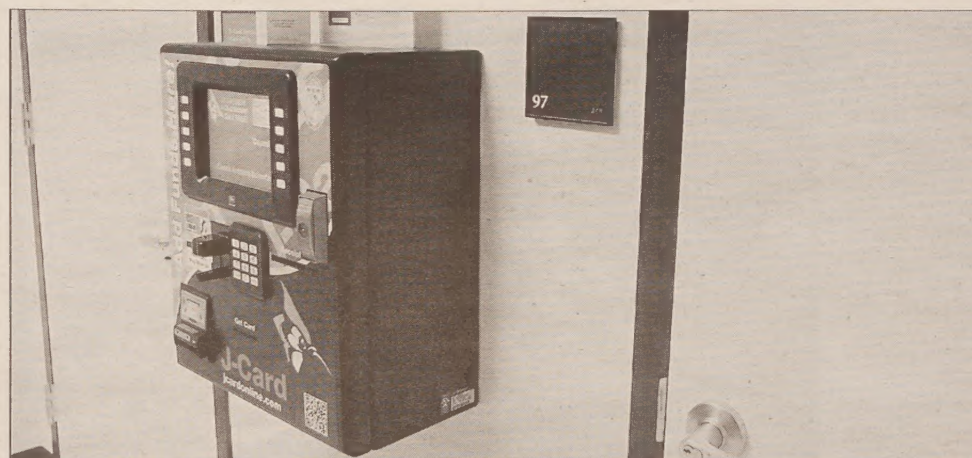
The first month of freshman year comes with a series of lessons. Some are quicker to pick up on than others. You will learn, for example, to avoid any sea-food product in the FFC. You will also learn how to sneak food into the library (NB: it's harder than it looks). And you will certainly learn, perhaps the hard way, how deceptively expensive Baltimore can be. It's easy to eat a meal on St. Paul and spend no more than five bucks, but it's equally simple to break the bank eating out every night.

So, my friends, allow me to help you. I'll spare you the self-indulgent tragedy of some of my more distinguished fiscal horror stories, and instead give you some general pointers to keep yourself from slipping into the red. My advice falls neatly into three themes: books, bites, and booze.

Books. This probably pertains more to your parents than to it does to you, so my advice will not be long winded. It's simple: Do not buy your books at the Hopkins Barnes & Noble. Seriously.

Instead, consider the cheap prices at Amazon and other web vendors (check out Half.com, too). Case in point: I just spent \$12 online on a new copy of Antonin Scalia's "A Matter of Interpretation: Federal Courts and the Law," required by a class on constitutional originalism. According to the campus Barnes & Noble website, I would have paid three times that in the store.

Bites. As I'm sure you can anticipate, eating every meal at the FFC can get pretty monotonous. That being said, there is a respectable bloc of eateries along St. Paul Street that won't strangle your budget. Subway is of course dirt-cheap, the price of UniMini's breakfast sandwiches seems immune to inflation and nicer places like Donna's are, for what you're getting, pretty inexpensive. My only advice here is self-moderation. It's easy to find yourself at Chipotle four times a week, desperately seeking an escape from the FFC's burnt French fries and weak coffee. This was my story last fall. My expenditures, I found,



NATHALIA GIBBS/PHOTOGRAPHY EDITOR

Think carefully about what you're spending money on, or you will find yourself with an empty wallet and no dining dollars.

quickly added up, as did the guac's empty calories. In other words, I got poor and fat.

When you do eat out, practice the art of comparison. Instead of dropping 12 bucks on a mediocre breakfast at Tamber's, make the schlep to the excellent Pete's Grille, where you'll spend half that on much better eggs and bacon, possibly in the company of Michael Phelps. (He's known to frequent the place and eat a blasphemous amount of pancakes.)

I'd also advise tucking away a few bucks for after hours. A steak, egg and cheese on a toasted roll from UniMini is a cheap filler when it's 2 a.m. and you're drunk, or studying, or both.

And sometimes, it's best to simply use your meal plan. Even when you run out of dining dollars, as I did by September 15 last fall, there's always something edible in that glass building on the freshman quad.

Booze. For the sake of self-respect, I can't speak candidly about my own relationship with alcohol. But if I were to drink, I'd probably drink a lot. I'd also say that if I were to drink, I would probably be too hungover to contribute to class discussion on the aforementioned Scalia reading the next day. And, most toxically, I would wake up in the morning with a collection of frighteningly lengthy receipts.

Ideally, though, spending less won't equate to drinking less. This is where the pre-game has its purest merit: it's less expensive to drink from a personal liquor cabinet than at the bar. Say, for reference, a 1.75-liter handle of Smirnoff is \$16.00 at Eddie's, a vodka tonic at Maxie's is \$4.00, and a shot is 1.25 ounces. There are roughly 60 ounces in a handle. If you do the math, that makes 48 shots in one handle. And when you crunch some more numbers, you see that each drink you pour from

your own supply costs you about 33 cents.

With alcohol, and more general expenses, it comes down to sound judgment. Frugality is an acquired skill, and thriftiness takes practice. I encourage you, freshman, to be good capitalists and explore the retail around our campus. But, remember to keep an eye on your wallet.

It's easy to spend a lot when you drink. Fitzgerald said it best: you take a drink, and then the drink takes a drink, and then the drink takes you, and then you take yourself to PJ's.

One can, however, take the appropriate preventative measures. Don't carry a ton of cash and tuck your credit or debit card in an inconspicuous pocket of your wallet.

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The Cover-Letter

The Johns Hopkins News-Letter

September 6, 2012

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The seven sins that result in the dreaded Freshman 15

By **MELANIE HSU**
Cartoons Editor

So, you're looking for a surefire way to avoid the infamous freshman (or sophomore, or junior) 15. Well, to put it simply, if you cannot abstain from the Seven Sins—with the exception of Lust and maybe Wrath—you will most likely have trouble warding off the Freshman 15 and cringe-worthy stuff, such as failing your classes. Instead of boring you to death with textbook dieting advice that you will probably never listen to, I will instead break it down to you, sin by sin.

First, when it comes to keeping off extra pounds, your greatest enemy is not gluttony, but sloth. Instead of being a couch potato and promising yourself that you will start dieting tomorrow (trust me, that tomorrow will never arrive), visit the Rec Center or take a walk around campus. Make no mistake: Hopkins is as competitive and rigorous as the rumors say, and you will, more likely than not, have to devote a good chunk of your time towards cramming for exams. However, you will almost always have enough time to work out two to three times a week. Take advantage of that time, your body will thank you.

That said, do not skimp on sleep if you can help it—contrary to popular misconceptions, sleeping for more than eight hours a day does not necessarily make you a lazy bum (similarly, pulling an all-nighter the day before a test will not bolster your ability to remember the material). The more sleep-deprived you are, the more your body and brain will crave high-calorie



XIXI XU/PHOTOGRAPHY EDITOR

Avoid sloth and gluttony by only eating when you are hungry and making sure your meals are balanced.

rie foods, such as hamburgers and cheese wontons. This will spark a vicious cycle, where your increasing sleep deprivation makes it harder and harder for you to avoid bingeing in the middle of the night. In short, unless one of your life goals is to make it into the Guinness World Records, avoid going to extremes.

Of course, unless your metabolism is faster than a Smooth Softshell turtle on land—yes, these turtles can outrun most humans—exercising will not help much if you consume 20 slices of pepperoni

pizza a day. Therefore, in addition to avoiding sloth, you also have to keep your gluttony in check. Eat only when you are hungry, do not consume a heavy meal before bed and most importantly, do not stress eat! Once you turn

stress eating into a habit, you will end up consuming many, many more calories than your body wants or needs.

On a similar note, don't cram so much food on your plate that you can only tell what color it is by lifting it above your head. As tasty as the hash browns in the FFC look, you should always leave enough for the students behind you—it will not only benefit your long-term health, but also decrease the chances of you being labeled as a greedy food-grubber. I must say though, if hash browns are all that you are eating for breakfast every day, I suggest that you vary your diet a bit—deep-fried potatoes are not particularly nutritious.

In addition to these three lovely sins, you also have to watch your pride. Contrary to what your parents tell you, you are, physiologically speaking at least, not special. Unless you happen to be the one with the coveted racecar metabolism, do not fall into the trap of thinking that you are exempt from gaining weight despite consuming truckloads of greasy takeout every day. To repeat a cliché-sounding, but very true, piece of

advice: you are what you eat, regardless of what kind of body you have.

Of course, even if you *do* have a racecar metabolism or something of the sort, you should not use it as an excuse to eat whatever you want. Back in my younger and, um, thinner days, I would eat nothing but spaghetti with meatballs and mozzarella cheese every single day of the week. Eventually, my excessive pickiness came back to haunt me, and I ended up developing allergies to half the food pyramid. Needless to say, living off a diet comprised solely of meat, fruit, and vegetables was a very painful experience.

All that said, what works for others might not work for you, so instead of envying the fact that your roommate can maintain a “perfect” figure despite consuming truckloads of food every meal, focus on finding the routine that is most suitable for you. I could say the same of other aspects of college life, such as studying strategies, extra-curricular activities, and sleep schedules.

Don't despair because you need to study



XIXI XU/PHOTOGRAPHY EDITOR

Piling your plate high with fast food will expand your waistline.

for eight hours to do well on the General Biology test, while your friends can get the same grade for less. As long as you are able to reach your goal, why waste precious time and energy comparing yourself to others?



A Frank take: Two must-watch squads in the fall season

By **FRANK SCHIFF**
Sports Editor

As a freshman, naturally, you are clueless. To quote the legendary Big Lebowski, "You are like a child who wanders into the middle of a movie theater and wants to know..." As one of the sports editors here at *The News-Letter*, it's my desire to familiarize you with two top-ranked, must-watch Hopkins Athletic programs.

The Blue Jays' Women's Soccer team enters the 2012 season with legitimate potential to run the table and win a national championship. Since climbing to the fourth spot last season in the NSCAA/Continental Tire NCAA Division III Rankings, the Jays now enter the new season ranked third in the pre-season rankings. The team had an incredible run last year, finishing at 21-1, their only defeat coming in a 2-0 loss to Amherst in the Sweet 16 round of the NCAA tournament. Now, led by NSCAA Mid-Atlantic

Region Coach of the Year Leo Weil, Hopkins returns eight starters.

The team's biggest loss comes in the form of all-time Hopkins points-leader, Erica Suter, who graduated last spring. However, the squad seems to be in strong long-term shape as First Team ECAC All-South forward, sophomore Hannah Kronick, looks to improve even more from her successful freshman season. Kronick scored 19 goals and 10 assists en route to one of the most impressive freshman soccer campaigns in recent years.

Defensively, the Blue Jays remain as formidable as ever. Defenders, junior, Kylie Fuller and, senior, Taylor Schulte are returning, who were part of a backline that earned 14 shutouts and allowed just 11 goals in 22 matches last season.

Not only has the Hopkins Women's Soccer team captured seven-straight Centennial Conference titles, but it has also now spent 48-straight weeks in the national rankings, dating as far back to Sept. 2, 2008.

The Blue Jays will be tested early as they faced #1 ranked Messiah yesterday. Tomorrow, the team will travel south to battle #6 ranked Emory in Raleigh, N.C.

Similarly, the Hopkins Football team enters 2012 coming off a record breaking year and approaching the new season with high expectations. Recently, the squad received 14 of 20 first-place votes and totaled 153 points to grab the top spot in the 2012 Centennial Conference Preseason Poll. The Blue Jays, champions of three straight league titles, sit atop the preseason poll for the fourth consecutive year, and seventh in the last nine seasons.

Lead by head coach, Jim Margraff, the Blue Jays are challenged with repeating their successes accomplished in 2011, when the team went 10-1. It was ranked in the top



FILE PHOTO

Women's soccer is third in the NSCAA/Continental Tire NCAA Division III pre-season rankings as they enter the fall.

25 of the AFCA Division III Poll throughout the season and hosted an NCAA Playoff game for the first time in school history.

Moreover, over the past four seasons, the Hopkins Football program has created a strangle hold over the conference. The Jays have gone 36-10 over the course of four years. Within that time period they have won three Centennial titles, made two trips to the NCAA Playoffs and won one ECAC title.

The Jays enter the new season after having lost a handful of key starters, who graduated. However, they still return one of the top wide receiver tandems in the nation, a preseason All-American along the offensive line, and a running back coming off a season in which he averaged 6.5 yards per carry. Not to mention their two most consistent tacklers on defense.

Wide receivers, junior, Dan Wodicka, and senior, Scott Cremens, return after combining for 146 receptions for 1,950 yards and 16 touchdowns last season. Meanwhile, running back, Jonathan

Riguad returns after rushing for 905 yards and 11 touchdowns a year ago. His success was a team effort as Riguad was fortunate to have a top ranked offensive line unit cracking blocks and opening holes for his runs. The O-line is led by junior tackle, Armand Jenifer, who earned First Team All-Centennial honors last season and has been named a Second Team Preseason All-American by d3football.com and Lindy's 2012 College Football Preview.

Defensive coordinator Frank Colaprete will count on a couple senior linebackers, Taylor Maciow and Adam Schweyer, to end opposing team drives quickly and efficiently. Maciow led the team with 88 tackles in 2011, while Schweyer raked up 64 tackles. Schweyer is also a key defensive member on special teams.

For the first time since 2008, the Jays opened their season at home. They defended their 14-game winning streak Saturday against Randolph-Macon, beating them 36-13. The Blue Jays play their next home game on Sept. 15 against Moravian at 2 p.m.



FILE PHOTO

Hopkins football won their opening game against Randolph-Macon.

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DEGREES OF INTELLIGENCE

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Use first semester covered grades to figure out your JHU persona

By **RACHEL WITKIN**
Editors-in-Chief

So at Hopkins we have this thing where you take whatever classes you want in your first semester and all you have to do is pass them. It's kind of awesome, which is why you're missing out on a vital part of your college experience if you don't take advantage of it.

Covered grades exist to give you a break first semester. You're probably either that person who worked really hard in high school and plans to study all the time here, or that person who never worked hard in high school because you were the smartest person there. That's fine. Covered grades allow you to figure out what kind of student you want to be at Hopkins. Here everyone is smart, and it's okay if you don't get straight As, not only because your grades are covered, but also because you're in the big leagues now.

I got to Hopkins expecting to study all the time and still do well. As a humanities person who decided to double major in one science, I decided to take classes like Chemistry and Calculus (but Calc II, because I wanted to challenge myself). I thought that I could study the way that I did in high school, which was a few hours the day before the test, and still do well. And then I got a 57 percent on my first Chem test. Calc ended up not going so well either, with a 40 percent on one of my midterms. I was stressed out for most of the semester, but at some point I decided not to let it ruin my term and to still do as many extracurricular activities as I possibly could.

I ended up passing both Chem and Calc, and not doing too poorly in the classes that I liked better. It made my second semester so much easier, especially because Chem and Calc were the hardest classes I would ever have to take at Hopkins. I had gotten into my own routine with classes, friends and all of the activities that I did, and my GPA went up by 0.5. In fact, my GPA has gone up every semester because I've figured out that the less work I do, and the less I let myself get stressed out, the better I do.

It's important that you strategically plan out your first semester to benefit

from covered grades as much as possible. Take classes that you know are going to be hard. If you know what you want to major in, get the annoying requirements over with (it's why I took Chem). If you're a humanities major, get those N credits over with. And if you hate writing, be sure to take a writing intensive.

What's great about Hopkins is that there aren't any core requirements. So covered grades are also a time to take whatever you want to. Don't worry about what level the class is because, while it's nice to get rid of requirements, you should also just take a class because it looks interesting or because

you want to challenge yourself. You should be able to enjoy the classes that you're taking your freshman year, because college is not just about taking class after class and only trying to get good grades.

Just make sure that you don't misuse your covered grades semester and use it as an excuse to party and not do any work. Everyone will know that not only did you fail, but you failed when you could have gotten a D and no one would have known that it wasn't an A. It's okay if you have to retake a class because it was too hard, but going out every night will not make getting ready for your second semester any

easier. However, if you're thinking about some sort of graduate school, make sure that they won't make you uncover your grades, especially for classes like Orgo.

For those of you who are never going to have to uncover their grades, enjoy yourself. Don't worry too much about how well you're doing compared to everyone else. In college, it's all about your individual experience. Take what you want to take, and study the way that you want to study. Because once you finish your first semester, you are going to want to know that you took as much from it as you possibly could.

Convenient campus coffee hotspots for your caffeine fix

By **EMILY NADELMANN**
Magazine Editor

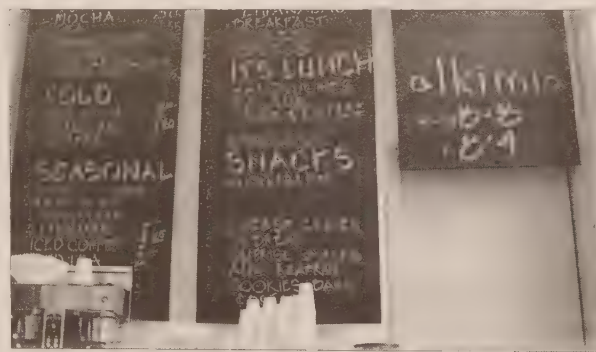
Throughout high school, I tried to acquire a taste for coffee. But I always found that coffee's pungent flavor did not mix well with my extreme sweet tooth. That all changed in college. Living in my very social AMR I dorm, I had a difficult time forcing myself to go to sleep early. My busy schedule and intense course load often left me feeling worn out and exhausted.

At about 10 p.m. one night during finals week, I hit a new low. I was studying for my Chemistry final and fell asleep in my B level cubicle. My friend had to shake me awake and encouraged me to get a coffee if I wanted to be able to actually focus.

I started out drinking very chocolaty coffees, including a Café Q specialty, "Death by Chocolate". Then, as I drank more and more, I was able to switch to drip-flavored coffees. Now, I am absolutely dependent on coffee and have no trouble drinking Americanos with a shot of hazelnut. There are many great places to get coffee on campus.

The FFC

One of my favorite freshman year hang-out spots, the Fresh Food Café dining hall, has a coffee bar with the soda machines in



KELLY STANDART/PHOTOGRAPHY EDITOR

If you're going to become a caffeine addict, you have many options near campus.

the front. Just by using one meal swipe, you are entitled to unlimited amounts of food. They offer a couple blends of drip coffee, and even some flavors like french vanilla and hazelnut. If you're in the mood for something a little lighter, there's a cappuccino and hot chocolate machine there too!

The Daily Grind at the BLC

This brand new café is conveniently located in the front of the beautiful Brody Learning Commons (BLC). It not only offers coffee but also has snacks like yogurt parfaits and trail mixes. It is known for its fresh sandwiches and one of its most

popular items is the Indian samosas. It has unique specialty coffees like the Ferrero Rocher based on the rich chocolate truffle, and my personal favorite, the Milky Way.

Pura Vida in Levering

If you ever find yourself by Levering, I definitely recommend that you stop by the Pura Vida Café. Like

the Daily Grind, it has both specialty and drip coffees and offers a variety of sandwiches, snacks, fresh fruit, and soups. They always have interesting flavors of coffee like the "Banana Blazee", which actually tastes like a banana!

Starbucks

There are two Starbucks locations right near campus. One is located in Barnes & Noble next to Charles Commons and the other is on St. Paul Street near Chipotle. They have all of your Starbucks favorites like the double-chocolaty chip frappuccino and the sweet frosted cake pops!



Search early and effectively for a summer internship

By **DEVIN ALESSIO**
Arts & Entertainment Editor

Ah, the ever-important internship. It's a college rite of passage and often marks the first real foray in the working world. That being said, any Hopkins upperclassman can tell you that not all internships are created equal. While some of your friends might be sitting in on meetings with clients, you might be fetching coffee for your boss. Alas, dear freshmen, we, the upperclassmen of this fine institution, have had some fantastic (and not-so-fantastic) internships, and we're giving you the scoop on how to score and survive your first real internship. Class of 2016, take notes.

What's the big deal, anyway? An internship gives you the opportunity to test-drive a potential career — and discover if your dream job is everything you dreamed it would be.

"My internship at The Sandusky Group allowed me to gain experience in multiple fields of business, including finance, marketing and leadership. It allowed me to apply what I learned in class with real-world experience, giving me a much better perspective of what the business world is actually like," explained junior Chris Alvarez, a Neuroscience major and Entrepreneurship & Management minor.

Start early. Being the Hopkins overachiever that you are, you probably know that the earlier you apply for a job, the better. In order to minimize stress (and maximize your chances of snagging the internship you really want), set some time aside to research internship programs in mid-September. Why so soon? It takes time to hone your resume, gather recommendations and pull together a portfolio. And if you dream of spending your summer working for the U.S. government (think the Department of Homeland Security or the White House), you're probably going need a background check. And background checks take time — hence the October 1 application deadline.

You can do it! According to Professor

Leslie Kendrick, who coordinates internships for the Center for Leadership Education, "It's totally doable for a freshman to land an internship."

Choose classes that will familiarize you with basic terminology and concepts in your chosen field and will build your confidence about breaking into the industry. Campus groups like the JHU American Marketing Association, Omega Psi and the Society for Women Engineers provide networking opportunities for students and alumni with common career goals.

"The largest internship programs are often the most selective," Kendrick said. "It's easier for freshmen to land something with a smaller, entrepreneurial company. You can use class experience to sell yourself into the position."

Think strategically. We'll break it gently to you: If you've never had an internship before and you're not incredibly lucky, your first gig probably isn't going to be at Goldman Sachs. Never fear, baby blue jay. You have the smarts and the drive to get there — you just need more experience. To make your resume stand out, consider taking on an internship in Baltimore during the semester. Application pools are less competitive during the school year — and having an internship at a company in Charm City can give you the edge to take on New York, L.A. or Chicago next summer!

Coffee runs? Not so much. "When you're offered an internship, be sure to ask for a description of what sort of work you'll be doing," explained Kendrick. "Talk to the internship coordinator at your prospective company about how much project-based versus administrative work you'd be doing."

When Kendrick reviews student in-



XIXI XU/ PHOTOGRAPHY EDITOR

For help with a resume or a mock interview, make an appointment with the career center.

ternships for credit, she asks internship supervisors to include students on project-based work.

"If you're only doing administrative work, talk to the supervisor about what projects you could work on. Quitting burns a bridge," she said.

Hit up the Career Center. You'll be glad you made the trip to Garland after you've talked with one of the career counselors. They'll help you polish your resume, perfect your interview skills and connect you with Hopkins alumni in fields you're interested in. Planning on heading back to Hopkins for Intersession? The Career Center offers networking trips to New York for students interested in careers in Public Relations & Media, International Development & Policy and Financial Literacy. If you're taking the pre-professional route, the Office of Pre-Professional Programs & Advising will help you stay on track for graduate school.

Money matters. Unfortunately, you're

probably not going to get paid for your hard work. And whether you're commuting from your house or planning on moving to a new city for your internship, transportation or rent costs add up. Arts & Sciences students can apply for the Second Decade Society Grant to fund their summer internships, while engineers can apply for the Vredenburg Scholarship. If you're not lucky enough to score an internship grant, consider asking your employer if you can work two or three days a week. "When you turn down an internship, you lose the possibility to make contacts, network and to explore functional areas of a company. Yes, you can make more money working a summer job, but consider doing both.

This doesn't have to be an either/or situation," Kendrick said.

Intern abroad! If your schedule (and your wallet) allows you to, consider a summer study abroad program.

According to Kendrick, "Studying abroad shows employers that you have initiative and the willingness to adapt to another culture." She recommends that, if possible, students seek out programs in which an internship is a component of a study abroad program.

All in all, scoring your first internship is a learning experience. Research, network with alumni and talk to upperclassmen. Most importantly, the Career Center and the Center for Leadership Education, whose faculties include former practitioners in their fields, are incredible resources — so use them! Make an appointment with the Career Center by calling (410) 516-8056, and be sure to check out CLE's website for course offerings and student testimonials at eng.jhu.edu/wse/cle.

The Cover-Letter



Reminders of rich Baltimore past lurk near the various Hopkins campuses

By IAN YU
Managing Editor

For all of you future history majors out there, here is a little history of Baltimore. And for all you other majors, here is the lowdown on the city you now call home.

Although a lot of Baltimore has changed with gentrification, deindustrialization and commercialization of many neighborhoods, with a little effort you can find many reminders of the city's past. From monuments in Mt. Vernon, Downtown and the Inner Harbor to the numerous museums, there's a lot of ways to learn a little history and get off campus.

Much of Baltimore's historic sites, outlined in its National Heritage Area, guide you from Druid Hill Park down to Little Italy and back here to Charles Village. Among those and other sites in Baltimore, here are a few places that are definitely worth your time.



KELLY STANDART/PHOTOGRAPHY EDITOR
If you're by Peabody, visit the Washington Monument.

Mt. Vernon

The arts have a deep root in this neighborhood, but Mt. Vernon is also home to many historic Baltimore buildings. Peabody and the Walters Art Museum are among the cornerstones in this performing and visual arts oriented neighborhood. The nearby Stafford Hotel has stood since the end of the 1800s, although it has since been converted to a residential building.

Down the street you'll find the Baltimore Basilica, completed in 1821, which is the first Roman Catholic cathedral in the United States. Considered to be the masterpiece of Benjamin Henry Latrobe, the namesake of Latrobe Hall on the engineering quad, the basilica had a rough history up until its restoration in 2007.

Canton

This neighborhood was mainly part of Captain John O'Donnell's plantation in the late 1700s. During that time, O'Donnell traded goods with the Chinese city of Guangzhou (previously translated as Canton), which is said to have given the present-day neighborhood its name.

While today's Canton doesn't really resemble its namesake, the Canton Waterfront Park hosts the state's Korean War Memorial while Patterson Park on the north end of the neighborhood is a popular destination for ice-skating in the winter. Canton has also become less industrialized and more residential, which means more worthwhile bars and restaurants.

Federal Hill

This neighborhood has a few claims to fame, one of which being its massive geological protrusion in the main park. The other claim to fame? This neighborhood marked the end of a parade celebrating the ratification of the U.S. constitution. It has also been used in the past as a military lookout post, but today visitors and residents alike enjoy great views of the Inner Harbor.

To note: If you go east of the park, you hit Cross Street Market, which is one of Baltimore's largest public markets. It



COURTESY OF IAN YU

In addition to a very scenic view, you will find gun emplacements and various monuments at Federal Hill.

actually started off in the mid-1800s as an open-air market but now has its own building.

Museums & Poe's Memorial

West of the Inner Harbor and off of the Circulator's orange line are various museums covering different parts of Baltimore's history, as well as the resting place of one of America's literary icons. Known for such works as "The Raven" and "The Tell-Tale Heart," Poe resided in Baltimore for many years. Interestingly, his death in 1849 remains a subject of speculation to this day.

Another historic icon in American culture, Babe Ruth, had his roots in Baltimore and started his career with the Orioles. While he is buried up in New York, his birthplace and childhood home on Emory Street now serve as a museum, showcasing his early years and his professional career.

Further west toward Hollins Market you can find the B&O Railroad Museum, displaying much of the Baltimore & Ohio Railroad's history and rolling stock

through its 150 year history. And engineering majors listen up. If you go south along the Banner Route in Locust Point, the Baltimore Museum of Industry houses many pieces of mechanized equipment used in Baltimore's past and present industrial base.

Fort McHenry

If you remember anything about the War of 1812, it should be the Battle of Baltimore in 1814. Described as a major turning point during an otherwise disastrous war for the Americans, the battle took place among several locations in Baltimore, with the most inspirational being the clash at Fort McHenry.

For Francis Scott Key, who observed the attack from a British ship while securing the release of a prisoner, the American resilience in the face of a 25-hour bombardment by the British fleet became the basis of his most well known poem, "Defense of Ft. McHenry." Set to the tune of "To Anacreon in Heaven," Key's poem was later adopted by the U.S. as its national anthem.

The Cover-Letter

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The Johns Hopkins News-Letter

September 6, 2012



Hopkins security keeps students safe on and around campus

By **ANNE BADMAN**
Magazine Editor

As we all know, Baltimore has a reputation. This reputation arises from a number of compounding factors: its name conveniently converts into "Baltimurder," it insists a little too loudly on its own charm (not to mention its place as "America's Greatest City") and it plays host to every season of *The Wire*. Everywhere we turn in Baltimore safety seems paramount, especially as a student. We have safety talks, walks and locks to ensure our continued security — but don't let this scare you. Student safety is an important factor of every college campus, especially those in densely urban settings. Hopkins isn't asking for paranoia, just a sustained sense of alertness and understanding. So, without further delay, here are the ins and outs of Hopkins security. Once you master these, you'll be able to have fun and study in peace, without the thoughts of Omar and those poorly painted benches distracting you.

The shoes: You may be wondering why over 3,000 pairs of shoes have been painted and affixed to the fence on the corner of E 33rd St. and St. Paul St. These shoes mark the beginning of a new Hopkins campaign on pedestrian and cyclist safety, cheekily entitled "Road Scholar."

This project hopes to raise awareness on the number of pedestrians and cyclists affected by traffic related incidents every year in Maryland. The 3,000 yellow shoes signify the number of non-fatal accidents, and the 100 white shoes signify the number of yearly deaths.

The existence of this project demonstrates the importance of pedestrian safety. You have to remember that you live in a city now — with multiple intersections, changing lights and lanes of traffic. I know that crossing the street seems like a basic skill, but when you're a distracted, busy, probably late undergraduate rushing to your next commitment, it's easy to forget.

Just remember, it never hurts to be more careful.

Security Personnel: The Hopkins Police, otherwise referred to as Hop Cops, can be spotted around campus at all times on car, golf cart, Segway, bike or foot. They will be more than happy to assist you with any safety related issue, as well as escort you back to your dorm or other campus location. They usually sport bright yellow

shirts adorned with the ever-identifiable Hopkins crest, making them pretty difficult to miss. You might also notice some off-duty Baltimore police officers around campus. Again, don't let them scare you — they're only here for your continued security. In general, they just assist Hop cops

with campus safety and provide further protection for students.

The lights: "Why are there over 100 blue lights around campus?" Well, if you didn't already hear it on your college tours, these blue lights allow you to press a big red button, which dispatches security personnel in a matter of 30 seconds. The blue lights also contain emergency telephones, just in case something feels unsafe and you need to speak with security dispatch.

Motion detection and cell connection: You may have noticed areas marked with motion detection cameras. These cameras accompany standard closed circuit televisions and perceive over 10 forms of suspicious activity, such as aggressive movements, unclaimed packages and peeping toms. Since cameras don't always suffice though, you should

also sign up for the automated text message alert system. That way, in the event that something harmful happens on or around campus, you'll hear about it as soon as possible. For more information on this automated system, go to: www.jhu.edu/security/services_whelen.html.

Security walks: There should be scheduled security walks during your first few weeks. I know these seem like just another (most likely skip-able) event, but going to one of these walks can be truly beneficial for your future Hopkins career. Your guide will point out different safety protocol, as well as certain areas of caution. If you can't quite make it to one of these walks though, fear not. The Director of Hopkins security, Edmond Skrodzki, leads neighborhood safety walks every Tuesday night, so there is always an opportunity to brush up on your campus safety.



KELLY STANDART/PHOTOGRAPHY EDITOR

Shoes highlight the start of a new safety project, "Road Scholar."

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The Cover-Letter

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SAVE THE DATE...

FALL FEST

OCT 4TH - 7TH

Test of the Johns Hopkins Emergency Alert scheduled for Tuesday September 11

Homewood Campus Safety and Security will conduct a test of the campus siren/public address system and the Johns Hopkins Emergency Alert text messaging system at 1 p.m. on Tuesday, September 11, 2012.

The test will be a full-scale simultaneous activation of both systems.

The siren/PA system, which is activated by radio signal from the Homewood Communications Center, is composed of speakers on Garland Hall, Whitehead Hall and the O'Connor Recreation Center.

The sirens will simultaneously sound the alert tone and then sequentially broadcast the voice message, announcing, "This is a test of the Homewood campus emergency warning system."

Those who have subscribed to the text message alert system will receive a brief message that reads, "This is a test of the Homewood Emergency Alert text message system. There is NO EMERGENCY. Had there been an imminent threat addi-

tional information would follow."

Shortly after the public address broadcast, an all-clear alert tone will sound, followed by the message saying, in part, "This has been a test of the Homewood campus emergency warning system. Had there been an actual emergency, you would have been given specific instructions on what to do."

Because the public address system incorporates a silent self-test feature that will exercise each module on a weekly basis, Campus Safety and Security will schedule "live" tests only three times a year. The main purpose of the exercise is to familiarize the Homewood community with the sound of the system.

Except for these periodic tests, the system will be used only in the event of an incident or situation that presents a significant threat to the lives or safety of the campus community.

This announcement was published at the request of Campus Safety and Security.

Interested in writing, taking photos, designing pages, or marketing? Come to *The News-Letter* Open House on Sept. 10 in Shaffer 202 from 8-10 p.m. to meet the staff and learn about how you can get involved.

Call For Student Submission!

The "Civility in the Electoral Process" Student Essay Contest is open and accepting submissions!

Take this chance to focus on the non-political aspects of campaigns and let us know whether you believe civility is an inherent part of the political arena.

Winners will receive \$100-\$250 and a chance to discuss his/her work at a follow-up panel event over Young Alumni Weekend 2012, October 5 & 6.

Enter your essay today! For more information see contest rules and details at: <http://alumni.jhu.edu/reunion/essaycontest>

All essays must be submitted to reunion@jhu.edu no later than midnight September 15, 2012.

Interested in attending Fall Fest & Young Alumni Weekend? Check out what's on offer this year.

Email us at reunion@jhu.edu to pre-register today.

Friday, October 5

Friday Night at Federal Hill

Mother's Grill and Social Pub, 9:00 pm-2:00 am ~ Must be 21+ with valid ID to attend

Saturday, October 6

Bridge 5 Reception for Classes of 2015, 2016, 2010 & 2011

Gilman Hall Atrium, 12:00 pm ~ Register at www.tinyurl.com/b5lunch

Civility in the Electoral Process Panel Discussion

Essay Contest winners announced ~ Hodson Hall Boardroom, 3:30 pm, followed by a reception

Inaugural A Cappella Festival

Shriver Hall Auditorium, 8:00 pm

Young Alumni Tent Party

Bloomberg Courtyard Tent, 10:00 pm-1:00 am ~ 3 drink tickets, \$15 cover charge ~ Must be 21+ with valid ID to attend



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Hopkins Greek Life: What you can expect as a freshman

Fraternities and sororities forge some of the strongest friendships between Hopkins students

By **BEN KUPFERBERG**
News&Features Editor

Greek life may be one of the most controversial topics at any college campus. That being said, I promise that (at Hopkins) it is a welcoming community. As a freshman, one of the first things you should do is check out the Greek Life scene and see what you think.

Fraternities and sororities are a great way to push you outside of your comfort zone and meet new people. The involvement in Greek Life at Hopkins hovers around 25 percent, and there are a wide variety of fraternities and sororities. Aside from the major fraternities and sororities, there are specialized ones as well, which are also really popular. Fraternities such as Alpha Kappa Psi (AKP), the professional business fraternity, and Theta Tau, the engineering fraternity, are two of these specific fraternities. There are also service fraternities and sororities and multicultural fraternities and sororities. That way, no matter what you're looking for, there is a fraternity or sorority looking to welcome

you.

Most first semester freshmen go from fraternity house to fraternity house, typically hitting two or three in one night, while meeting other freshmen and upperclassmen. Making an effort to attend a few of these parties definitely pays off because, as a freshman, everyone is in the same position. Everyone is new to the Greek Life scene and nobody really knows what to expect, which presents a great bonding opportunity.

One of the most important things you can do as a freshman is to introduce yourself to as many brothers as possible. This will not only pay off, as a guy, when you want to rush at the beginning of second semester, but upperclassmen are full of advice on where to eat, which professors have must take classes, and virtually anything Hopkins related. As a freshman it may seem a bit overwhelming but it is important to understand that the brothers are just as interested in meeting you as you are in meeting them. Brothers are always looking for potential rushes, which is why it's important to always make a good first impression.

For freshmen girls, introducing yourself to upperclassmen is also just as important. Due to the fact that there are no major sorority parties, you want to meet upperclassmen sorority members so that you can experience a little bit about what sorority life is like.

Hopkins is a very academic school, and everyone here knows that, which creates a great dynamic for the Greek life scene. If non-stop partying is your biggest Greek fear, fret not. Yes, people love to have a great time but, for the most part, everyone at Hopkins knows when to buckle down and hit the books.

At Hopkins, you get to experience the best of both



COURTESY OF HOPKINS GREEK LIFE

Greek Life offers social aspects as well as many community service and philanthropic opportunities.

worlds. Once you are in your respective fraternity or sorority you not only have a strong group of friends, but also you have way more resources to prepare for tests and write papers.

The actual process of getting into a fraternity or sorority can be a bit confusing, especially when you have little to no Greek exposure. Everything will be explained in detail as fall semester comes to an end, but this will provide a brief preview.

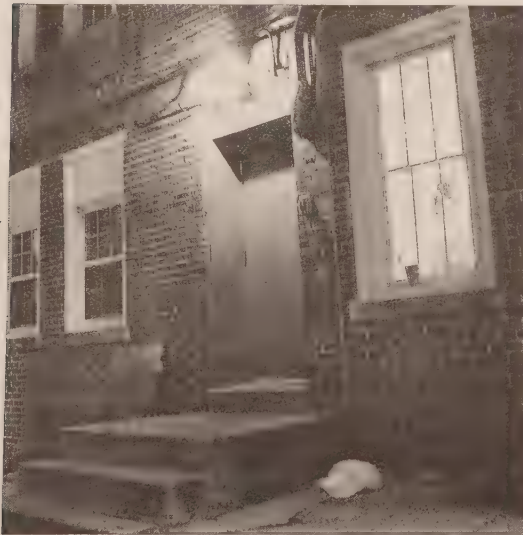
The first thing that should be mentioned is that all freshmen go to fraternity parties for the first semester. So freshman girls don't need to worry. You should not be worried if you haven't been to a sorority event. For fall semester, you have one job: Look on Facebook for all the fraternity themed parties and go to as many as your heart desires.

At the start of the spring semester, rush begins. This process determines who gets into which fraternity or sorority. For fraternities, there is a rush week where you are allowed to go to any fraternity

you want, seeking a bid or permission to join from the brothers. For the sororities, there are a series of recruitment events where the freshmen have the opportunity to mingle with the sisters of the different sororities, and decide where they fit in best.

Another piece of advice is to make sure that you are able to balance everything, especially at the beginning. The beginning of freshmen year helps to create your experience for the next four years, so you want to make sure to establish a solid group of friends. Learning how to balance going out, finishing school work, working out, and making friends is definitely tough, but everyone figures out how to do it. Hopkins' motto is work hard; play harder. And that is some great advice to live by.

If you only take one thing from this article, let it be this: Have an open mind when it comes to Greek Life. It's not for everyone but it really can change your college experience for the better.



NATHALIA GIBBS/PHOTOGRAPHY EDITOR

In the spring of your freshman year, you can choose to rush.

and how to maximize fun and save shoes at Hopkins frats

Tips and tricks to enjoying the party

By **ELLEN BRAIT**
Hip-Hop Editor

Going out and going out to a frat are two very different things. Because of this, one should prepare differently when they spend the night in a fraternity. Frats are a quintessential Hopkins experience, especially for freshmen. I mean, where else are you going to party? Your tiny, claustrophobic dorm rooms? Those get boring pretty fast.

First and foremost, it's important that you bring your JCard. The majority of frats check that everyone has one before letting you into the house, so it can be hard to get friends from outside Hopkins into frat parties. If you have girl friends coming to visit, they will most likely be able to get in with their own school ID. Unfortunately, getting non-Hopkins guys in is virtually impossible. That, ladies and gentlemen, is the world we live in.

While we're on the topic of fairness and fraternities favoring girls, beware Hop men, you will most likely have to pay to gain frat entrance. Again, it depends on the night and place but the majority of the

time you'll have to fork out five bucks before entering, while your female friends skip by without dishing out a cent. No one said college was fair.

All of Hopkins fraternities have a similar set-up. The main floor is more for chatting and hanging out. In some houses that includes beer pong, while others it does not. The basement is generally small, dark and crowded. The music makes talking difficult or completely undoable. It is usually reserved for dancing. The small, enclosed space and limited lighting make it the perfect place for college students to dance with complete strangers (or maybe more) and not feel even remotely self-conscious. There are a few fraternities that are set up differently, but if you get lost and want to find the dancing, just follow the extremely loud music. It's pretty hard to miss.

Hopkins fraternities are all fairly different but some basic rules apply to all of them. On nights the frats are having parties, they will normally be extremely crowded. It is the perfect time to be authoritative and push your way through the crowds to get where you want to go. Now, I'm by no means saying that you should physically

push someone over, just nudge your way through the crowd. If you don't, you may find you're not moving much from your original spot. This is especially important when it comes to getting down the narrow stairs to the basement. Because there are people both going downstairs and going upstairs, you really need to maneuver your way down the stairs. But be careful! The stairs are normally slippery with beer and moral degradation, which could lead to some pretty bad injuries.

Now, let me suggest that you acquire some frat wardrobe essentials. The most important of which



NATHALIA GIBBS/PHOTOGRAPHY EDITOR

If you are searching for the part of the house where you can dance, follow the loud music downstairs.

being frat shoes. Frat shoes are different than regular shoes. You do not wear them day-to-day. You do not care about them, at all. They only emerge at night before stepping into the filth that coats frat floors. No matter which frat you go to, the floor will be absolutely disgusting. Your shoes will leave the house and never be the same again, so choose wisely.

To note, there are usually themes for frat parties but people rarely dress up, especially since you can end up visiting more than one frat a night. Plus it's never fun being the only one in costume. Generally, it's a good idea to dress light because frats can get extremely hot, especially the basements. If it's the winter, it's also important to take a jacket with you that you don't mind losing or staining. Essentially, don't wear anything you care too much about. Fraternities are crowded and hot, and you are bound to emerge less clean and less so-

ber than when you entered. Another tip, if wearing open toed shoes, try to wash your feet before going to bed. You'll thank yourself in the morning and so will your sheets.

Besides wearing appropriate clothes, it is also important to remember that, although fraternities do serve alcohol, they buy in bulk, meaning you will probably be drinking the cheapest beer imaginable. For this reason, it is important to make liberal use of the pregame. Drink as much as you think you'll need before heading to the frat for the night. This ensures that you'll have an enjoyable night and makes frat beverages taste all the better.

Those are the frat basics. Look out for their parties on Facebook. They tend to post events for parties during the week prior. Other than that, don't over think it. You are in college after all; there will be plenty of time for rational thinking in the week during class.



COURTESY OF HOPKINS GREEK LIFE

If you're looking for a party, most fraternities post events on Facebook.

The Cover-Letter



BLC full of potential as library alternative, study center

By NASH JENKINS
News & Features Editor

Although some people relish the opportunity to study in the Milton S. Eisenhower library (MSE), it isn't exactly my favorite place to pass time: I find the confines of MSE's lower windowless levels to be depressing and lifeless.

This year, however, students will be able to study without having to spend hours in the bowels of the library. Brody Learning Commons (BLC), Hopkins's newest study facility, opened last month.

Before I saw the BLC, I assumed that the term "learning commons" was the University's sophisticated way of saying "large extension to the library," because really, that's all it is. And frankly, it didn't sound too delightful.

I was cynical. And now I'm not. Because the BLC is, in fact, delightful. It's beautiful. It's inviting and it's comfortable and it makes me want to spend every moment of academic exertion in the incubator of its glass walls. I'm writing this at a corner desk in the brilliant new reading room, overlooking the Beach and, beyond that, North Charles Street, where freshmen are moving into Wol-

man Hall on their first day of college. In the vaulted glass room next door to me, people are flowing with ease from the four-story atrium into A, B, and C levels of the library—likely for the first time, doing so with a faint expression of eagerness to be there.

The building is so inviting because of its physical attributes. The furniture rivals the comfort and modern décor of the Gilman Atrium.

The array of technologically-equipped study rooms where you can share ideas or simply draw on the whiteboards creates an environment where you might actually want to study, or at least hang out.

I don't need to go into too much detail about how the building will facilitate our academic success, much less how you

should specifically use it. I'll just say this, at risk of sounding corny: the BLC has the potential to seriously revolutionize things here at Hopkins. The BLC's most impressive architectural feat is its provision of natural light to three of the four under-



COURTESY OF HIEU TRAN

The BLC boasts several study areas and white boards you can draw on.

ground levels of the Eisenhower Library. I imagine we'll see some greater equity in terms of the spots that see high student traffic—the mad rush to the well-lit seats of M Level will find tributaries to the



COURTESY OF HIEU TRAN

The reading room inside the new Brody Learning Commons overlooks the beach and North Charles Street.

now-illuminated levels below it (A level has windows again). With its open atrium and spacious lounge areas, the Commons itself offers a terminus for activity—social, intellectual, and otherwise—that was once limited to the narrow hallway of the old, and now closed, Café Q. Plus there's even a new café at the BLC, Common Grounds, with many more tables than Café Q had.

What's more, the location of the main entrance to the Commons (on the atrium's first level) has the potential to shift the center of campus.

The main doors open onto an impressively green plaza bordered by the Merrick Barn and the back of Maryland Hall, along the sidewalk linking North

Charles Street and the Mattin Center to the Engineering Quad.

If this plaza evolves into a hub of student activity—as it appears to be designed to do—then there's a good chance that the paths connected to it will see an increase in traffic and, in turn, a more centric association with that corner of campus.

It's still early, though. The Brody Learning Commons very well may end up functioning as nothing more than an extension to the library; in that event, it has technically fulfilled its purpose. Its potential capacity is nonetheless undeniable.

In any event, though, I'm looking forward to some sunlight.

Senior regrets not heeding Ferris Bueller's sage advice

Despite reaching goals, sometimes a little fun is necessary for sanity

By ALICE HUNG
Science & Technology Editor

Second day of Orientation Week, while the rest of the freshman class was mingling on the beach, I was sitting at a cubicle on D level previewing the first few chapters of my Chemistry and Biology textbooks.

Difficulty of college-level work, the competitive atmosphere at Hopkins, and the dangers of slacking—all the horror stories I was told weeks before moving to Baltimore—kept replaying in my head. No, I would not let that happen to me. That's why I was in the library studying before I even knew what to study.

For the rest of the semester, and most of freshman year, I declined any invitations to go out and focused entirely on my coursework. Halloween night, my entire floor went out to Fell's Point and had an amazing time. I stayed up until three in the morning working on practice problems for Calculus III.

Even when the entire floor went out to celebrate a floormate's birthday, I decided to stay behind in my room. Guess you can say I was one of those "intense pre-meds" who get to classes 10 minutes early just to get the front row seat.

I finished freshman year with a 4.0. Yes, I achieved the goal I had set before college started. However, the joy was short-lived. Holding my transcript, I realized how much I missed. All the great memories and friendships I could have had slipped by while I was too busy focusing on classes. Fortunately, I still managed to make a handful of friends who understood and were accepting toward my neuroticism.

During the "snow-pocalypse"—for those of you who don't know, it happened in February of 2010 when a non-stop snowstorm resulted in a full week of cancelled classes—I remember everyone went out to enjoy the snow. Again, I was sitting in my room pouring over textbooks. Two amaz-

ing floormates visited me with a bucket of snow and said, "if you won't go out to the snow, we'll bring the snow to you."

I ended up throwing the snow at them in the hall and had a minor snowball fight. Too bad I was more irritated than anything. Looking back, I really wish I had appreciated the gesture more. With the green tea smoothies and other knick-knacks my friends brought in attempt to drag me out of my room, I failed to realize the importance of forming friendships and accumulating memories.

Freshman year was like a tunnel to me. I was so focused on the brightness of the light at the other end, that I completely forgot to slow down and appreciate what

was around me. Only when I looked back to see what I've missed, did I notice the beauty of the fireflies flying around, telling me to enjoy college for what it is.

College isn't all about studying and getting good grades. Of course, given the difficulty of some classes, hard work is an essential part of survival. But that doesn't mean it should be the only part of college-life. More than anything, college is about trying new things, experiencing life, and finding yourself in the process.

I regret neglecting so many awesome things my first year and missing out on all the memories I could've had. Don't be afraid to put down the books and do something fun once in a while. It won't

affect your grades and your future as much as you think it will.

Next time, think about inviting your friends to a study party instead of hiding in a cubicle alone. Discussing concepts with others does wonders for memorization. I recommend reserving a group study room in the library. It's the perfect place to go over metabolic pathways. (You'll know what I'm talking about if and when you take biochemistry and cell biology).

Joining clubs and interest groups is another amazing way to meet new people. From medicine to politics, arts to sports, Hopkins has a group for almost everything. If not, don't be afraid to start one yourself.

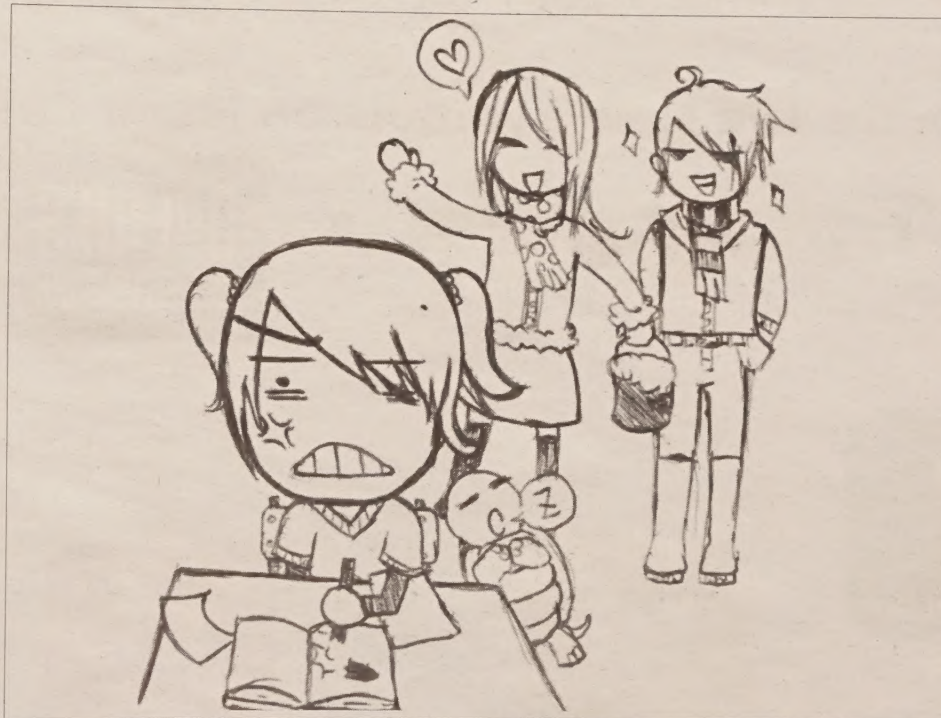
Lastly, try to get off campus once in a while. Baltimore isn't as scary as it's said to be. If you know where to go, that is.

Hampden, for example, is a great place to visit, especially the first Friday of every month. Moreover, it's completely within walking distance and a great destination for a little after-dinner stroll.

The Inner Harbor is another nice area to hang out, whether you want to do some shopping, catch a movie, or visit the aquarium.

Of course, be prepared to work your hardest to ace those classes. However, that doesn't completely rule out everything else. Experience college to its fullest. Live, learn, and have fun!

Oh, and if a snow-pocalypse ever hits again, the hills near Bloomberg are awesome places for sledding.



MELANIE HSU/CARTOONS EDITOR

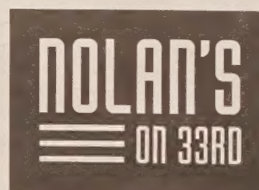
The Cover-Letter

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